



Fleckney C of E Primary School

Year 6 Residential Trip

PGL, Caythorpe Court, Lincolnshire

Monday 5th October 2026 to Friday 9th October 2026

Venue: PGL Caythorpe Court, Caythorpe, Grantham, Lincolnshire, NG32 3ER.

Dates: Monday 5th October 2026 to Friday 9th October 2026.

Staff: Mr. O'Connell, Mrs. Koria, Mr. Crane Mrs. Dodwell, Mrs. Allen.

Accommodation: The children are all in en-suite bedrooms that sleep between 4 and 8.

Preparing for the trip:

7th September – this information booklet is sent home with a blue medical information form. Please return completed blue forms to us by **Friday 11th September**. It is important that every single question is answered and that the form is signed.

The children can bring up to £5 to spend in the PGL shop on the final evening of our trip. If you want your child to bring money, please send it in a sealed, named envelope with the amount enclosed clearly displayed. This can be sent into school with your child along with the blue form.

14th September - If you are sending any prescribed medicine to PGL, the pink forms will be distributed this week. You will need to fill in one pink form for **each** item of medication that you are sending. It will be helpful if the children know whether they are going to need a pink form or not and how many forms they will need.

We request that completed pink forms and medication are handed into the school office **by an adult** before school on **Monday 28th September or Tuesday 29th September**.

If your child is asthmatic, we need to take at least two inhalers with us – one that we keep hold of and one that the child carries with them at all times. You may ask your child to take the inhaler from their class medical box in school if you wish. However, you must ensure that it is returned to us after the trip or by **Monday 12th October** at the latest.

Departure and arrival details:

Monday 5th October – Please drop suitcases off at the lay-by at 9:00am. A member of staff will be waiting there to greet you. Children should then come into the school hall between 9:00 and 9:10, **on their own**, for registration. If parents wish to wave us off, that would be great but please wait outside to avoid congestion.

We hope to have departed by 9:30am.

11:30am – Arrive at PGL.

We will send updates via parentmail and the school website throughout the week. Mobile phones are not allowed at PGL. In the event of an emergency, please contact the school who can then contact us. Outside of school hours, you can phone Caythorpe Court directly on: 01400 273 733. **This phone number is only to be used in an emergency.**

Friday 9th October - We shall be leaving Caythorpe Court after lunch on Friday. We plan to arrive at school between 3.45 and 4.00 pm. If we are delayed for any reason, you will be advised by Parentmail text message. Please do not ring the school office for enquiries about the arrival time.

Parents are asked to help take bags off the coach and into the car park. Please grab **any** bag. Once all the luggage is safely off the coach and onto the school grounds, the children will be brought off the coach and into the car park.

Travel Sickness - If there is the slightest chance of your child suffering from travel sickness, please tell us and ensure they have taken appropriate medication or are wearing travel bands. On the outward journey, travel sickness pills should be taken at home prior to travel.

Kit list:

Please ensure that suitcases are labelled. All individual items must be labelled with the child's name. There is no need to buy new clothes – they will get muddy!

Suggested items:

- 1 pair of practical shoes or walking boots
- 2 pairs of old trainers (1 suitable for watersports)
- *Waterproof coat (and trousers if you have them)
- 3 or 4 pairs of old trousers (jogging bottoms are ok but jeans are not suitable)
- Several t-shirts
- 2 or more fleeces/jumpers
- Hat and gloves
- Underwear and socks
- Pyjamas/night dress
- Wash bag and two towels
- Hair brush/comb/hair bobbles (long hair must be tied up every day)
- Swimming costume/trunks
- Torch

3 named carrier bags/bin bags for dirty washing/wet shoes/swimming kit

It is advised that children bring plenty of spare clothes in case of wet weather or muddy activities.

As well as their suitcase, children should bring a rucksack containing a packed lunch and drink for the first day. It is a good idea to bring a refillable water bottle.

Camera is optional (Please note that staff cannot accept responsibility for these items).

Please do not bring:

Aerosols, chewing gum, food, hairdryers, hair straighteners, mobile phones, make-up, jewellery, jeans.

Whilst at PGL:

Activities:

The children will take part in 16 different activities lead by qualified PGL instructors. These sessions will last for 90 minutes each.

Activities on offer might include: abseiling, climbing, high ropes, Jacob's ladder, all aboard, trapeze, giant swing, archery, rifle shooting, fencing, orienteering, aeroball, challenge course, raft building, problem solving, sensory trail, survivor, tunnel trail, zip wire and vertical challenge.

The children will find out about their rooms upon arrival and their programme at the start of each day.

There are also events organised for the evening. Bed time and lights out will be between 9:30pm and 10:00pm. We will be waking the children up at about 7am each day.

Meals:

The children have 3 good meals a day. We will also give them a drink and a biscuit before bed.

There are a number of choices available at each meal. Please do not provide your child with additional food for the trip.

Security:

Our accommodation is very secure and can only be accessed using a four digit code on a keypad. Children do not have access to this code. All PGL staff wear a uniform. All other adults on site wear wrist bands to identify them as a visitor. PGL staff patrol the site throughout the night and we can contact them quickly if needed. There are Fleckney staff in teachers' rooms on the same corridor as the children.

If you have any questions about the trip that have not been answered in this booklet, please do not hesitate to contact Mr. O'Connell.